

## METAPHYSICAL ENERGY ANALYSIS IN OVERCOMING CHANGES IN HUMAN BEHAVIOR TO THE INFLUENCE OF METAVERSE TECHNOLOGY

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#### **ABSTRACT**

In this modern era with advances in digital technology, human attention to metaphysical things is greatly reduced. This is because human attention is distracted by the rapid advancement of various kinds of digital technology, both social media and mass media. Especially with the arrival of the metaverse world, the metaverse will shift human behavior like the value of human togetherness, namely how humans live their lives, work, stay in touch, and even run a business, everything will change. Humans will no longer need to meet physically in person. They simply meet from their homes virtually in 3 dimensions like a real thing, but the truth is just a virtual world. This is a digital world that comes to accompany the future of humans. Currently, the world of android and iphone that dominates the digital world and the internet has changed human behavior. Children are now more socializing themselves in the virtual world than in the real world. Children are busier with their android phones or iphones than the people around them. Imagine if the metaverse world had mastered the joints of life, it would definitely change human behavior. The rapid development of digital technology and informatics is an advantage for humans to make it easier and more humanizing for humans. Its presence should not degrade humanity. The author tries to analyze this from the point of view of the influence of metaverse technology on human behavior according to metaphysics, that is, what is meant by the metaverse and to what extent its influence on human behavior. This is very important, because according to the author, man through the potential of his soul equipped with his sensory intellect and creed, can reach anything that concerns what is heard seen and thought, by the human sense (physics), as well as indications, or effects of what the human sense cannot see (metaphysics). Some spritual references that already indicate to the field of metaphysics, it turns out that what humans hear, see and think can shape a person's behavior, emotions and actions. This situation is not only found in adherents of one religion but also found in other religions. The Quran and the Sunnah of the Prophet Muhammad SAW, teach every Muslim to cleanse his soul, meaning that there are requirements that should be considered by the completeness of physical organs of the body so that the metaphysical soul is preserved its sanctity.

Keywords: Metaphysichal Energy, Human Behavior, Metaverse

## **INTRODUCTION**

Man through his soul abilities and physical perfection appliances can reach anything. The soul is what represents the spirit that God has placed in the human body. Man is God's most perfect creation of soul, where the soul is perfected with mind and creed. Thus that mind is able to process all science with the strong encouragement of its creed. However, all the knowledge obtained is still limited to time and space that is integrated with the physical natural sciences alone, even though humans have the potential to be able to go further by revealing metaphysical soul abilities.

Man through his potential sense and sensory appliances centered in a single whole called the soul, can reach anything that concerns what can be seen by the human sense (physics), as well as the indications or effects of what the human sense can't see (metaphysics). But with the metaverse world making it easier for humans to enter a space that was once unreachable,



(once still a metaphysics), now it is easier to reach and to be obtained as if it were real by simply combining his soul with a technological device called the metaverse world.

The arrival of metaverse technology is unstoppable, and should its presence not degrade humanity, the author tries to examine this by analyzing the ability of metaphysical energy to overcome changes in human behavior to the influence of metaverse technology, namely what is meant by metaphysical energy and metaverse and to what extent this metaphysical energy is able to overcome changes in human behavior as a result of metaverse technology. This is very important, because according to the author man through the potential of his soul equipped with his sensory intellect and creed, can reach anything that concerns what is heard seen and thought, by the human sense (physics), as well as indications, or effects of what the human sense cannot see (metaphysics).

Thus there is no reason for man not to pay attention to and develop his abilities in terms of metaphysics. In the Quran about the seen (physics) and and cannot be seen (meta) is found in surah Al-Haggah/ 69 verses 38, 39, which means

"Then I swear by what you see and for what you do not see"

From the meaning of the verse above, there are two kinds of knowledge that can be extracted from human potential in living life, especially knowledge, to live a healthy and successful life in the world and survive in the hereafter. The two kinds of knowledge are first, natural knowledge that involves reason in the soul as an instrument for the achievement of knowledge and civilization of matter (physics), the second is religious knowledge that rests on the power of the heart (metaphysics).

Man must seek to build a method of knowledge that he can apply to a higher level, not only in theory, in a concept that is only capable of saving man territorially, but must be able to save his spirituality which will be accountable before Allah SWT.

So that in the course of his life for his physical health and spiritual care, man must pay close attention to what he does in order to be in harmony with what God's purpose created man, It is man's duty to take part in the broader aspirations of the universe and its surroundings and to form his own destiny as well as the fate of that universe.

#### Background

Man bears a great mandate on his shoulders to know and understand the truth of nature's creation. Humans have a strong role in exploring natural facts, so as to come to authentic and argumentative knowledge. For nature to be part of a parable that shifts the faith and obedience of man to the One who created it.

In addition to carrying the mandate to know and understand the truth of nature's creation and natural products that can be inspiring, humans must also be responsible for the safety and success of their lives in the world as well as the results of nature and its exploitation, including the results of its ilir which is well-produced both in the form of goods and technology that are very beneficial to many people for the success of life in this world and even its afterlife after death.

Related to world matters and the hereafter, of course, they are related to real and abstract matters or metaphysics. Therefore, the author is interested in discussing the abstract Metaphysical Energy Analysis which facilities exist within man himself to overcome and fortify the human soul from the influence of metaverse technology.



#### Formulation to the Problem

In the discussion of writing this paper, the author determines some of the formulations of the problem as stated below:

- 1. What is the influence of metaverse technology on human behavior?
- 2. How can the soul escape from itself to a virtual world that seems to be real according to metaphysics?
- 3. How can metaphysical values educate human behavior from the influence of metaverse technology?

## **Purpose of Writing**

The purpose of this writing has the following objectives:

- 1. To find out what factors influence human behavior towards metaverse technology.
- 2. To know how the soul can exit its physique towards a virtual world that seems to be real according to metaphysics.
- 3. To analyze how metaphysical energy can educate human behavior on the influence of metaverse technology.

## **Writing Benefit**

The benefits of this writing are expected to make a useful contribution both theoretically and practically, about the importance of knowing the soul appliance if entering the virtual world of the metaverse and its influence on human behavior. This is because the importance of education is carried out to the younger generation as played by our predecessors has a lot to do with things that metaphysics can be resurrected again to be an inspiration for life today, in order to improve human behavior.

### **Theoritical Benefit**

For the author himself, it is hoped that by doing this writing, it can add insight to science in the field of spiritual power to fortify the human soul from the influence of metaverse technology, especially those related to problems of human behavior from the metaphysical side. This paper is expected to be used as a contribution of thought to develop thoughts about the influence of metaverse technology on human behavior according to metaphysics.

#### **Practical Benefit**

- a. The results of this writing are expected to increase the author's knowledge in the field of philosophy, especially in the field of metaphysics, as well as provide knowledge to the public about the magnitude of the benefits of metaphysics in Muslim and non-Muslim communities from the point of view of science and technology, especially about attention to fortifying the soul from the influence of the metaverse cyberspace on human behavior and how to educate the soul so that it can be protected from its influence.
- b. Contribute thoughts and science in solving problems that have to do with metaphysical matters that often occur in people's lives in various countries.

#### **METHODS**

As a review of the literature, the method used in this writing is more elective, namely a combination of qualitative and keritis analysis. This kind of research method is proposed with the intention of providing guidelines and directions in studying works that are philosophically charged and understand about the object under study. This research has the object of case studies as field research (field research), namely research that is directly carried out or on respondents. In the form of those that are considered capable of providing information about



research studies. In this case, the author conducted a direct survey at the Prof. Dr. Kadirun Yahya Foundation on being the object of research focused on the kitchen where to cook for the iktikaf congregation at the Jamik Darul Amin mosque in Medan.

To get maximum results, researchers conducted a study of two approaches. The first approach is critical analysis, of the perpetrators or follower of a spiritual path (Salik) before entering the ritual retreat (Iktikaf). Then the second is the analysis that is relevant to the person or salik of the perpetrators of the iktikaf. In the scientific map, this study is included in the humanities as its major and the philosophy of divinity (metaphysics) as its minor. Therefore this research also involves one of the methods of philosophical research.

### **Data Analysis**

In analyzing this writing data, it uses a documentation method, namely taking data from written materials. Documentation begins with collecting information from metaphysical thought, namely from books written by figures, as well as writings from other figures that discuss changes in the behavior of salicists. The data analysis carried out is by organizing the data content by organizing it into one pattern, category, and one basic description coupled with the author's experience when studying metaphysics at the Panca Budi Development University Medan.

#### a. Data collection techniques

Because the method used in this writing is descriptive analytical, the collected data is processed using content analysis, namely by analyzing based on information contained in existing data and from books by paying attention to aspects of data truth, and describing objectively. Then a conceptual analysis is carried out, with a normative approach so that a precise and accurate understanding can be obtained.

## b. Library Research

In relation with the writing of this research, it has been sought to trace discussions related to the object of problems about metaphysical science.

## **RESULTS AND DISCUSSION**

Analysis Of Energy Metaphics In Overcoming Changes In Human Behavior On The Influence Of Metaverse Technology (Case Study On Adolescents Of The Darul Amin Mosque of Prof Kadirun Yahya Medan Foundation) Metaphisics

In everyday life consciously or not, we always talk about things that smell of metaphysics or things that are outside the physical world For a simple example man questions how god is in his faith. In addition there are demons and supernatural beings or jinns and Angels. This shows that there is actually a relationship between human beings and metaphysics.

What exactly is metaphysics? Metaphysics can etymologically be interpreted behind physics or beyond the world of physics. In philosophy, metaphysics is placed as the most above discussion than in other discussions.

Learning metaphysics with the right methods can undergo spiritual and physical changes. Man is a reasonable being, with his intellect allowing him to be able to think and learn. Learning is an activity that involves the senses, the intellect. The core of thinking comes from the brain, mind is a system that is knotted in the soul, the soul is a function of the human self and it is because of this soul that man can hear with the help of the ears, see with the help of the eyes, and think with the help of the brain. Humans critical thinking is part of philosophizing. Whereas philosophizing is essentially metaphysical, even metaphysics is philosophy itself, that is, metaphorical thinking itself. Then man is a metaphysical creature.



Man as a being who is both an object and a metaphysical subject can be an underlying postulate that human beings are both effective and able to search for and capture what lies behind what appears or appears physically. Man has several opinions about metaphysical interpretations, including that there are supernatural things and they are higher or more powerful than the real world.

Metaphysics today is a field that many people think about because the facebook changes its appearance with the word meta. It just so happens that metaphysics is an interesting discussion to be re-appointed as the one being discussed.

#### Metaverse

Metaverse is etymologically derived from the words meta and verse, meta is interpreted to be reversed or transcended and verse can be interpreted as the universe. So that the metaverse can be interpreted as a space that contains matter beyond all things seen in the world. Digital technology is now entering a new phase called the Metaverse. A technological shift that allows human activities to move from the real world to the realm of virtual reality. This technological shift is also alleged to change many human behaviors, even said to bring major changes to various sectors of human life that are predicted to be utilized by humans in the next few years.

## The Relationship Between Metaphysics And Metaverse

In simple terms, the relationship between metaphysics and metaverse has the same background of the name but a different ending. "Meta" is derived from the Greek word meaning behind, beyond. But when developed further, the relationship can not only be understood to be limited to understanding meta. Metaphysics is a section that discusses the soul where in the study of Islamic thought about the soul in relation to Islamic philosophy and metaphysics, soul is from the Arabic root, namely al-nafs. Al-nafs also means blood, because if a person loses blood, the soul will not diffuse.

While the metaverse is a user or source of means where the human soul can get out of its physics to enter virtual activities with metaverse technology. The virtual activities offered to humans as the owners of the soul vary in number as if humans are discovering a new world.

### The influence of metaverse technology on human behavior

The existence of metaverse technology can add to human addiction to world pleasure affairs, time will be drained out in the metaverse world so that many people will eliminate worship. It can also be said that metaverse technology will hijack our souls.

In the study of Metaphysics metaverse technology includes a vicious cycle that is addictive and spends money on us. Metaverse technology will make a lot of money for its creators. Usually, entrepreneurs who make a lot of profits will not stop designing more attractive packages so that humans love to be the object. This is one of the biggest consequences of metaverse technology of a negative nature.

The human lifestyle leads to a communication propesience integrated with the powerful metaverse technology. So we live in the real world, but in reality humans spend more time living in the virtual world, and humans cannot live without the metaverse world, in other words, we are busy with the world of the metaverse that is global. So that man neglects to remember God and forgets what exactly is the purpose of God creating man, This is according to the thinker and metaphysicist M.Iqbal "most human beings forget to invite God to be a co-worker".



The advancement and sophistication of metaverse technology, making social media from various sources of the world so rapidly. Everything, both in the form of scientific information and in the form of everything needed, can be found in the media providing the metaverse world. There are good ones and even bad ones that can shape human behavior to change instantly. This is because there are so many sources that distract people from God, so people's opinions about religion are now instantly shifting and turning into culture, which is influenced by social media. So that the religion God handed down that should have been so great and noble will become powerless again to most followers of religion in this world.

## The Soul Can Exit Its Physique Towards A Virtual World That Seems To Be Real According To Metaphysics

The essence of man consists of a material world called (physical) which in this case interacts with a metaphysical psyche. It can be called that way, because the human physique is brought to life, by a metaphysical thing. So that the physique facilitated by God with ears to hear, eyes to see, and the brain to think can be free activity. And with this consciousness of his soul, man carries out activities in a style that is usually called behaving, which is always changing constantly in a fixed and free manner. There are activities, actions, there are fixed movement activities.

So the essence of life is the action and the movement itself. The science of the soul has shown us that there are three realms of consciousness, namely the first, the unconscious, the second the conscious and the third the conscious.

In the discussion of metaphysics the soul can come out of its physique In surah Azzumar 42 means: "God holds the soul (of the person) when he dies and (holds) the soul (of the one) who has not died in his sleep; then He withheld the soul (person) whom He had decreed his death and He delivered the other soul until the appointed time. Indeed, in such a thing there is a sign of God's dominion over the people who think."

# Metaphysical Energy Can Educate Human Behavior On The Influence Of Metaverse Technology

Measuring the energy of metaphysics in this paper the author tries with analytical techniques in statistics that are used to find the relationship between two variables of a quantitative nature. The relationship between the two variables can occur due to a causal relationship, where one variable is the cause and the other variable is the effect. Or it can happen by chance. Two variables are said to correlate when changes in one variable will be followed by changes in the other variable on a regular basis in the same direction (positive correlation) or opposite (negative correlation). In Mathematics, correlation is a measure of how closely two variables change in relation to each other.

For example, the author tried to use nutritional sources with the health of a human being as variables in positive correlations. The better the nutrients that humans digest, the better their body health will be. This relationship is called a positive correlation because the two variables have changed in the same direction, namely with the increase in nutrition from food, the health of the human body also increases.

Meanwhile, by using the values and levels of cholesterol levels in humans as an example in negative correlation. The higher the level of cholesterol in humans, the lower the health tends to be. This relationship is called a negative correlation because the two variables change in



opposite directions, namely with the increase in the level of cholesterol in humans, the health actually decreases.

The two variables compared to each other in correlation can be distinguished into independent variables and dependent variables. As the name implies, independent variables are variables whose changes tend to be beyond human control. Meanwhile the dependent variable is a variable that can change as a result of a change in the independent variable.

This relationship can be exemplified by illustrating plant growth with variable sunlight and plant height. Sunlight is an independent variable because the intensity of light produced by the sun cannot be regulated by humans. Meanwhile, plant height is a dependent variable because changes in plant height are directly influenced by sunlight intensity as an independent variable. Likewise the history of the relationship between the sticks that the Prophet Moses struck in splitting the sea. The split sea water is the result of the influence of the metaphysical energy of the solemnity of the prayer of the Prophet Moses is an independent variable, because it is directly brought in by God which cannot be regulated by man. Meanwhile, the sea that prophet Moses and his followers could pass through was a dependent variable, as a result of being asked for the way of salvation for prophet Moses and his followers.

Correlation is a statistical term that expresses the degree of linear relationship between two or more variables, discovered by Karl Pearson in early 1900. Therefore, it is known as the Pearson Product Moment (PPM) Correlation. Correlation is one of the most widely used statistical analysis techniques by researchers. Because researchers are generally interested in the events that occur and try to relate to them. For example, we want to know the metaphysical energy in terms of the Quran and hadith.

This for the author is a significant thing, because the influence of metaverse technology on human behavior according to the Quran and hadith is very much in line with metaphysics. This domain of metaphysics can be seen in Q. S. Al-baqarah/2:208 which means: O you who believe, enter into Islam as a whole, and do not follow the steps of the devil. Truly the devil is a real enemy for you. In this verse *udhulu fissilmi kaffah*, enter you into Islam as a whole, is interpreted less carefully by some studies of jurisprudence, which in its various definitions referred to kaffah only follows the study of fiqh, or only until it is psyched. Without further research on the predominance of metaphysics over humans that is devil. Where it says in the words of God, you follow the steps of devil. Now when it comes to devils, this is already the domain of metaphysics. Although the devil has become a thing that is said every day by the human tongue, does not seem invisible.

We can't see it with our own eyes. If devil is a real enemy to us, if it is real, then it is already within us. In other words, there is a metaphysical thing in our real physique. This is the author confirms with a hadith which means: The Messenger of Allaah sallallahu 'alaihi wa sallam said, "Verily devil infiltrates in man through the bloodstream. I am afraid if the devil infiltrates the ugliness in the human heart."

#### CONCLUSION

From this writing it is obtained that man as the most perfect creation of God who is equipped by his creator with birth and inner knowledge, physics and metaphysics. This is so that man is able to carry out his life's task on this earth, namely to worship and serve God. Therefore, in



order for worship and prayer to be accepted by God, man must try his best to keep his soul awake from interaction with hearing vision and good work.

The results of this writing show that the soul that seeks into the world of the metaverse will have an effect, its Nature and Behavior even to the point of being accepted or rejected by the charity of worship and prayer. Man according to the author consists of the physical and the spiritual, even according to the human philosophers is greater the dominance of his metaphysics than his physique. The physical is a physical interaction with the soul. If his physique comes into contact with the metaverse world then his soul will be the one who will have a feeling, just like if his stomach is filled with food like acid, then his soul will feel the acidity. So is the metaverse world. If his soul is filled with values derived from God's words then his soul will behave well. If his soul is filled with other than God's instructions then it will be his soul that will behave badly.

### That Metaphysical Energy Can Influence Human Behavior

This is because the human self as a whole consists of the Spirit, qalbu/heart, soul and physique. The meta-nuanced human soul integrates with the real physical, is a unity in the physical. Man is also the spirit of the integration of the heart with the spirit given by God. It is with this spirit that the only man can relate to Him.

God incarnates His attributes not only in nature, but in the persons of man. So that approaching God means cultivating His qualities in the heart that are passed on to the soul, so that the soul characterizes the correct physical behavior, according to the Hadith of the Messenger of Allah S.A.W: Takhallaqu bi akhlaqi'llah, grow in your soul the attributes of Allah. Strictly speaking, approaching God is to perfect the person's self, to strengthen his iradah or will.

But when the soul interacts with the physique integrated with the virtual world as if it is real, especially like meeting in real 3 dimensions with a beautiful opposite sex, then the human soul is polluted with devils. So that the soul that is clean, if carrying out all the commandments of God is polluted on the soul that interacts with devil then all the charity of his worship has not been accepted on the side of God. This term, more clearly can be interpreted in its mathematical sciences by the formula:( + x - = - ), Works of Worship such as prayer, fasting, zakat, which are positive in the eyes of visible human beings, if there is still a satanic element of it will be rejected on the side of Allah SWT.

The influence of metaphysical energy on human's behavior is apparent, that is, from a human being who allows himself not to be sacred his soul will be contaminated with a satanic element. So that the behavior of his soul still has bad values and has no truth value, but in a human being who is clean in his soul, his behavior will tend to have good and correct values.

#### Suggestions

The soul is a part of the appliance that is closely related to metaphysics. The formation of behavior as a good human soul identity is our shared responsibility to take care of it. Metaphysics is also a typical human manifestation, the introduction of metaphysics in the field of the formation of the behavior of the soul is a thing that can be traced to its science.

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